

## Sandwiches GF

### 1. Choose your bread

Whole-Grain(109 kcal) <span>V</span>	*Whole Wheat Wrap(300 kcal)
Sourdough(378 kcal)	*Flour Wrap(300 kcal)
White(126 kcal)	Gluten Free_1.00(100 kcal)

\*Wrap only available for whole sandwiches, not halves

### 2. Choose one of our proteins

	3oz(1/2)	5oz	8oz	12oz
Herb-Brined Turkey Breast(29 kcal/ounce)	3.69	5.69	6.69	8.69
Honey Ham(41 kcal/ounce)	3.69	5.69	6.69	8.69
Tuna Salad(89 kcal/ounce)	3.69	5.69	6.69	8.69

### 3. Choose your cheese GF V

Swiss(79 kcal)
Cheddar(84 kcal)
Provolone(73 kcal)
Pepper Jack(80 kcal)
Smoked Gouda(54 kcal)
Bleu Cheese(202 kcal)

### 4. Choose your Spreads GF V

Mayonnaise(189 kcal)	Honey Mustard(144 kcal)
Light Mayonnaise(95 kcal)	Mustard(0 kcal)
Chipotle Mayonnaise(187 kcal)	Dijon Mustard(28 kcal)
Ranch Dressing(158 kcal)	Tomato Jam(118 kcal)
Horseradish Sauce(74 kcal)	Basil Pesto(90 kcal)
Whole Grain Mustard(57 kcal)	Light Ranch(62 kcal)
Sundried Tomato Pesto(118 kcal)	

### 5. Choose your toppings GF V

Jalapeno Peppers(8 kcal)	Lettuce(2 kcal)
Dill Pickles(4 kcal)	Tomato(6 kcal)
Spinach(2 kcal)	Onion(6 kcal)

### Premium Toppings

Bacon(180 kcal) (1/2) \$1.49
or (Full) \$2.49
Avocado____.99(91 kcal)

## From The Grill

Chef inspired specialty sandwiches prepared fresh to order

**Wicked Chicken**(733 kcal)Grilled chicken breast topped with avocado, fresh jalapenos, pepperjack cheese, chipotle mayonnaise, lettuce and tomato on a brioche bun\_\_\_\_5.69

**Grilled Cheese**(783 kcal)Cheddar, swiss and provolone with tomatoes on buttered toast\_\_\_\_3.49

**Char-Grilled Beef Burger**(793 kcal)Hand pressed 8-ounce beef patty with your choice of cheese, lettuce, tomatoes, pickles, red onion and our homemade tomato jam\_\_\_\_7.99

**B.L.T**(1238 kcal)Thick sliced bacon with lettuce, tomato, mayonnaise and our homemade tomato jam on toasted sourdough bread\_\_\_\_5.99

**Grilled Chicken Sandwich**(287 kcal)Char-grilled boneless skinless chicken breast on a buttery brioche bun with lettuce, tomato, pickle, onion and your choice of cheese\_\_\_\_4.79

**REVali Steak Sandwich**(899 kcal)Tender steak with bacon, mushrooms and caramelized onions on a wheat hoagie and topped with melted provolone cheese\_\_\_\_7.99

**Spinach and Artichoke Chicken Ciabatta**(906 kcal)Grilled chicken topped with a white wine, spinach-artichoke-parmesan sauce, swiss cheese, tomato and sundried tomato pesto on ciabatta bun\_\_ 5.99

**Italian Butternut Squash Burger** (510 kcal)House made Butternut squash and Chickpea patty with Italian herbs and seasonings, arugula, agro dolce peppers and artichokes, and sun dried tomato on a toasted bun \_\_6.99

**Tuna Melt**(867 kcal)House made tuna salad on sourdough with swiss cheese, avocado and tomato \_\_ 6.99

### Premium Toppings

Try something different on your sandwich today!

Fried Egg__1.49(195 kcal)	Caramelized Onions__1.49(22 kcal)
Bacon__2.49(180 kcal)	Roasted Portabella Mushroom__1.49(17 kcal)
Ham__2.49(125 kcal)	

## Salads

\*All salads are available in 1/2 sized portions for 4.99  
**Add grilled chicken (5 oz)\_2.50 Add grilled steak (4.5 oz)\_3.50**  
**Add grilled salmon (4 oz)\_5.75**

**Taco Salad**(635 kcal) - Fresh romaine hearts, tomato, cheddar cheese, roasted tomato salsa, tortilla strips, sour cream and avocado ranch dressing. \_\_6.29 add grilled chicken breast (5 oz) \_\_ 8.79 add grilled steak (5 oz) \_\_ 9.79 add grilled salmon (4 oz) \_\_12.04 Add Chili (4 oz)\_8.79

**Caesar Salad**(610 kcal) - Fresh romaine hearts, roasted tomatoes, herb croutons, parmesan cheese, Caesar dressing (NOT TOSSED)\_\_ 6.29 add grilled chicken breast (5 oz) \_\_ 8.79 add grilled steak (5 oz) \_\_ 9.79 add grilled salmon (4 oz) \_\_12.04

**Spinach Salad**(535 kcal) - Spinach, roasted garam masala sweet potato, tomato, fried chickpeas, hard boiled egg, with a green curry and lime vinaigrette. \_\_6.29 add grilled chicken breast (5 oz) \_\_ 8.79 add grilled steak (5 oz) \_\_ 9.79 add grilled salmon (4 oz) \_\_12.04

**Harvest Salad**(590 kcal) - Mixed greens, agro dolce peppers and artichokes, quinoa and yellow beets, carrots, goat cheese, crostini, candied nuts with a maple rosemary vinaigrette. \_\_6.29 add grilled chicken breast (5 oz) \_\_ 8.79 add grilled steak (5 oz) \_\_ 9.79 add grilled salmon (4 oz) \_\_12.04

## Dressings

Ranch(158 kcal)	Honey Balsamic(199 kcal)
Lt Ranch(62 kcal)	Italian Vinaigrette(340 kcal)
Maple Rosemary Vinaigrette(272 kcal)	Oil and Vinegar(133 kcal)
Green Curry and lime Vinaigrette(347 kcal)	Avocado Ranch(174 kcal)
Caesar(338 kcal)	Honey Mustard(144 kcal)

## Baked Potatoes

**Classic**- Butter, sour cream, chive\_\_\_\_1.99(449 kcal)

**Baked Sweet Potato**- Baked sweet potato with butter\_\_\_\_2.49(338 kcal)

**Sweetie Potato**- Butter, Candied Nuts, Brown sugar\_\_\_\_2.49(338 kcal)

**Latin**- Grilled chicken breast, avocado, salsa, cheddar, sour cream\_\_\_\_3.99(727 kcal)

**Wicked Potato**- Chicken, avocado, jalapeno, pepper jack cheese, chipotle mayo 3.99(825 kcal)

**Steakhouse**- Roast beef, bleu cheese, bacon, sour cream and chive\_\_\_\_4.59(800 kcal)

**Chili Cheese Potato**- Beef Chili, Cheddar Cheese, Sour cream and Chive(727 kcal)

**Garden Potato** - Seasonal roasted vegetables, tomato, and basil pesto (Available in sweet or regular potato) \_ 3.99(380 kcal)

## Soup

### Homemade Soup of the Day

8oz. \_\_2.79

12oz. \_\_3.79

Take home a quart of our homemade soup \_\_9.49

## Combo Meals

**Soup and Salad**- any large salad with an 8oz. soup \_\_\_\_8.29

**Soup and ½ MTO Sandwich**- any ½ sandwich with an 8oz. soup \_\_\_\_6.19

**½ MTO Sandwich and Side Salad**- any ½ sandwich with a side salad \_\_\_\_5.69

**½ MTO Sandwich**, chips, and a beverage \_\_\_\_6.99

**Add a side and beverage to any item**- \_\_\_\_3.25

## Sides

**BBQ Sweet Potato Chips** \_\_\_\_2.49 (344 kcal)

**Sea Salted Potato Chips** \_\_\_\_1.99 (304 kcal)

**Fresh Seasonal Fruit Cup** \_\_\_\_2.49 (59 kcal)

**Side Salad**- Grape tomatoes, cucumbers, carrot, choice of dressing \_\_\_\_1.99 (29 kcal)

## Cookie

**Warm Cookie of the Day** \_\_\_\_2.49

## Beverages

Tractor Soda and Teavana Brewed Tea \_\_\_\_1.75

Bottled Water \_\_\_\_1.25

## Hours of Operations

Lunch Menu 11a-2p

Dinner Menu 2p-6:30p

Bar Service 4p-6:30p

277-9139

Consumption of raw and under cooked foods such as seafood and shellfish may increase the risk of food borne illness  
Nutritional Information Available Upon Request

REV 

Lunch  
Menu