

BOOMERS BAR & GRILL

BETTER FOR YOU CHOICES
HIGHLIGHTED IN GREEN

STARTERS

- Mozzarella Sticks (540 Cal)** \$5.24
Served with Marinara Sauce
- Basket of Chips & Salsa (710 Cal)** \$5.24
Warm Tortilla Chips served with Salsa
- Chicken Nachos (860 Cal)** \$7.34
Warm Tortilla Chips topped with Chicken, Nacho Cheese, Black Olives, Jalapeños and Sour Cream

BURGERS & MORE


All items are served with your choice of side salad (50 Cal) or Fries (230 Cal)

- Buffalo Ranch Chicken (420 Cal)** \$6.49
Crispy Chicken tossed in Buffalo Sauce, Swiss Cheese, Lettuce, Tomato, Onion and topped with Creamy Ranch on a Toasted Bun
- Grilled Chicken (410 Cal)** \$6.81
Tender Grilled Chicken with Crisp Lettuce, Sliced Tomato, Onion on a Whole Wheat Bun
- Grilled Angus Cheese Burger (520 Cal)** \$7.34
Grilled Angus Burger with Crisp Lettuce, Sliced Tomato on a Toasted Bun & Pickle Spear
Your Choice of: American, Cheddar or Provolone
- Add Bacon (120 Cal)** \$0.99

SALADS

- Chicken Caesar Salad (420 Cal)** \$7.99
Grilled Chicken, Crisp Romaine, Shredded Parmesan Cheese, Croutons & Creamy Caesar Dressing
- Garden Salad (110 Cal)** \$5.99
Leafy Greens, Sliced Cucumbers, Grape Tomatoes, and Red Onion, Choice of Dressing
- Add Sliced Grilled Chicken (110 Cal)** \$1.99

KIDS MENU

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For Children 12 & Under
- Grilled Cheese & Turkey (360 Cal)** \$5.29
- Chicken Peach Wrap (420 Cal)** \$6.29
- Both of the above include entrée, whole fruit, choice of 8 oz skim or 2% milk No substitutions
- Grilled Cheese & Fries (570 Cal)** \$4.99
- 2 Chicken Tenders & Fries (740 Cal)** \$5.24

2,000 calories a day is used for general nutritional advice, but calorie needs vary.
Additional nutritional information available upon request.

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6TH AIR MOBILITY WINGS

All wings served with celery & carrots and your choice of ranch or bleu cheese.

Traditional Wings

6 Wings (450 Cal)	\$6.99
12 Wings (890 Cal)	\$11.99

Boneless Wings

6 Wings (430 Cal)	\$7.99
12 Wings (860 Cal)	\$12.99
Add Extra Sauce	\$1.00

Choose from Our Signature Wing Flavors

Classic Buffalo (125 Cal)
Classic BBQ (90 Cal)
Teriyaki (90 Cal)

SIDES

House Salad (45 Cal)	\$1.69
Whole Fruit (variable Cal)	\$1.25
Sweet Potato Fries (180 Cal)	\$3.75
French Fries (230 Cal)	\$2.69
Fried Pickles (385 Cal)	\$4.99
Onion Rings (530 Cal)	\$4.19

BEVERAGES

Fountain Soda (0-240 Cal)	\$1.59
Bottled Water (0 Cal)	\$1.59
Kids Soft Drink (0-240 Cal) For Children 12 & Under	\$1.04

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